

## Spirit House Studios Tattoo Aftercare Instructions

- **Leave artist applied protective covering on for a minimum of 3hrs.** (*This is to protect what is essentially an open wound during the most vulnerable time from airborne bacteria.*)
- **Wash tattoo daily:** Use only antibacterial or antimicrobial soaps free of dyes and fragrances, we recommend Satin or Provon. Wash hands thoroughly with soap first and rinse, then gently wash tattoo with clean fingers only “no wash cloths” under warm water to remove all previously applied ointment and oozing plasma, rinse clean. Gently pat “do not rub” dry with clean towel or paper towel until completely dry. *Normal daily showering is still ok; just don’t submerge area for prolonged periods during the healing process.*
- **After washing tattoo:** Treat effected area with a very light covering of your choice of ointment applied with clean fingers only. A & D ointment or other antibacterial ointment would be our recommendation, but specialty aftercare ointments are equally acceptable. “*We would caution against using Neosporin, as this product may cause irritation (little red bumps) which may adversely affect your new tattoo.*” Repeat this process for the first 5 days after receiving a new tattoo.
- **Days 6-10:** Now you may wash the area normally when bathing (at least daily) and apply either an ointment or dye and fragrance free lotion to keep the tattoo moist until healing process is complete. We recommend Eucerin lotion. Lubriderm has been found safe to use although it may sting when initially applied.

### Special Notes:

- If you develop a rash, or discomfort from any product, stop use immediately and switch to one that works for you. “*Please contact our studios so we may report this occurrence to the Commission.*”
- NEVER cover a tattoo with saran wrap! If you wish to prevent normal plasma ooze from harming your clothing during the healing process; after ointment application, cover tattoo with a sterile non-adherent pad and tape in place.
- If tattoo sticks to clothing or non-adherent pad, soak in warm water until contact is naturally broken. Do not forcefully remove or you will harm your tattoo.
- Don’t submerge tattoo until completely healed: No baths, hot tubs, saunas, pools or ocean until fully healed (2-3 weeks). No shaving the area or exposing to sunlight or tanning beds. After healing apply SPF 40 sun block to tattoo to deter color fading.
- Don’t wear restrictive clothing around area until healed.
- Don’t pick, scratch, or smack tattoo. *If your tattoo itches, gentle pats to relieve the itching is ok.*
- If you experience **any** extra-ordinary adverse reactions contact a medical practitioner immediately.
- The artist scheduled a free follow-up appointment for you at the time of your session; Please do not miss this appointment. This is the artist’s opportunity to check on the healing process and to “proof” any portion of the art piece he/she created just for you.

***Spirit House Studios (409) - 347-0978***

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Artist: \_\_\_\_\_